



THE STALLION STANDARD

OFFICIAL CODE OF CONDUCT

CANBERRA CITY STALLIONS BASKETBALL CLUB

VERSION 1.0

JULY 2026

A MESSAGE FROM THE PRESIDENT

The Stallion Standard is more than a Code of Conduct, it is our identity. It defines how we train, how we compete, how we lead, and how we conduct ourselves both on and off the court.

At Canberra City Stallions, we believe character is forged through adversity, perseverance, and courage. Respect is earned through actions.

Effort is non-negotiable. Winning matters, but how we compete matters even more.

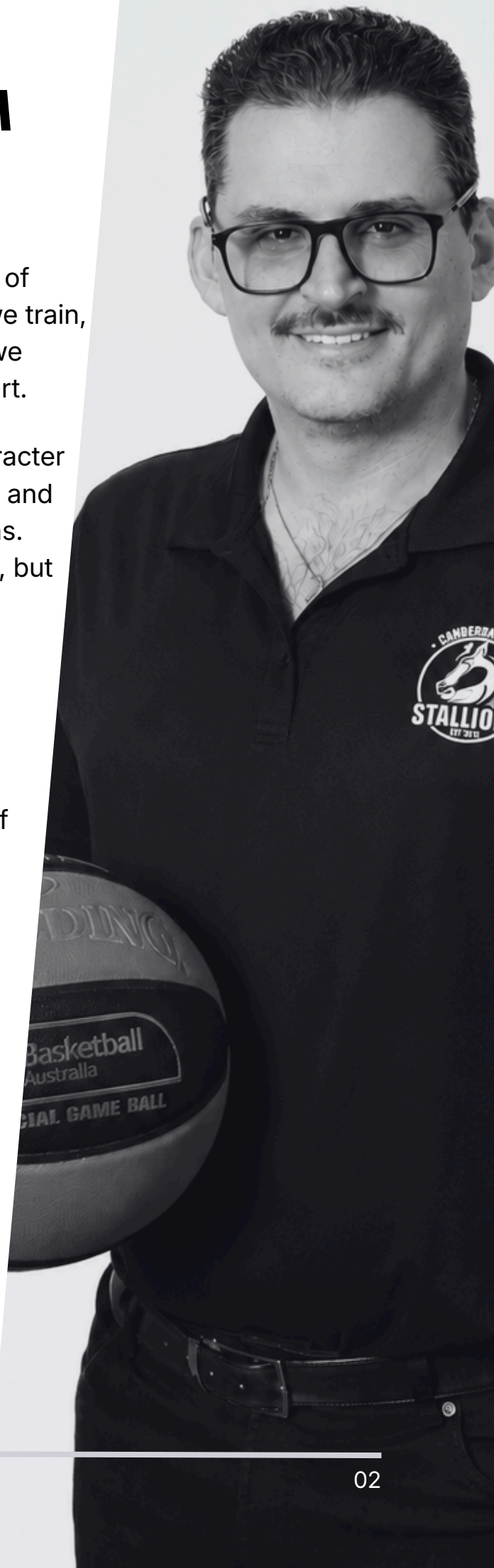
Every time you wear the Stallions jersey, you represent something bigger than yourself. You represent your teammates, your coaches, your family, and a club built on hard work, determination, and the belief that ordinary people can achieve extraordinary things.

These values are not reserved for game day. They are a commitment we make every day, in training, in competition, in our classrooms and workplaces, and within our community.

This is The Stallion Standard.



JAMES SAVOULIDIS
Club President



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01 PURPOSE

Canberra City Stallions Basketball Club is committed to fostering a safe, inclusive, and high-performing environment where every member has the opportunity to grow, compete, and contribute.

This Code of Conduct establishes the behavioural standards expected of all members of the Club. It exists to uphold our culture, strengthen our community, and ensure every person who represents Canberra City Stallions does so with integrity, respect, and pride.

The standards outlined in this Code apply equally to every member of the Club. Regardless of age, experience, or position, we are all accountable for the way we conduct ourselves and the example we set for others.

This Code should be read in conjunction with the Club Constitution and all other Club policies.

02 LIVING THE STANDARD

At Canberra City Stallions, wearing the jersey is a privilege. It represents more than membership of a basketball club, it represents a commitment to a standard.

The Canberra City Stallions draw inspiration from the qualities embodied by Rocky Balboa, "The Italian Stallion." Not because of the victories he achieved, but because of the resilience, humility, courage, and unwavering determination he displayed in the face of adversity. These qualities inspire the Stallion Standard that every member is expected to uphold.

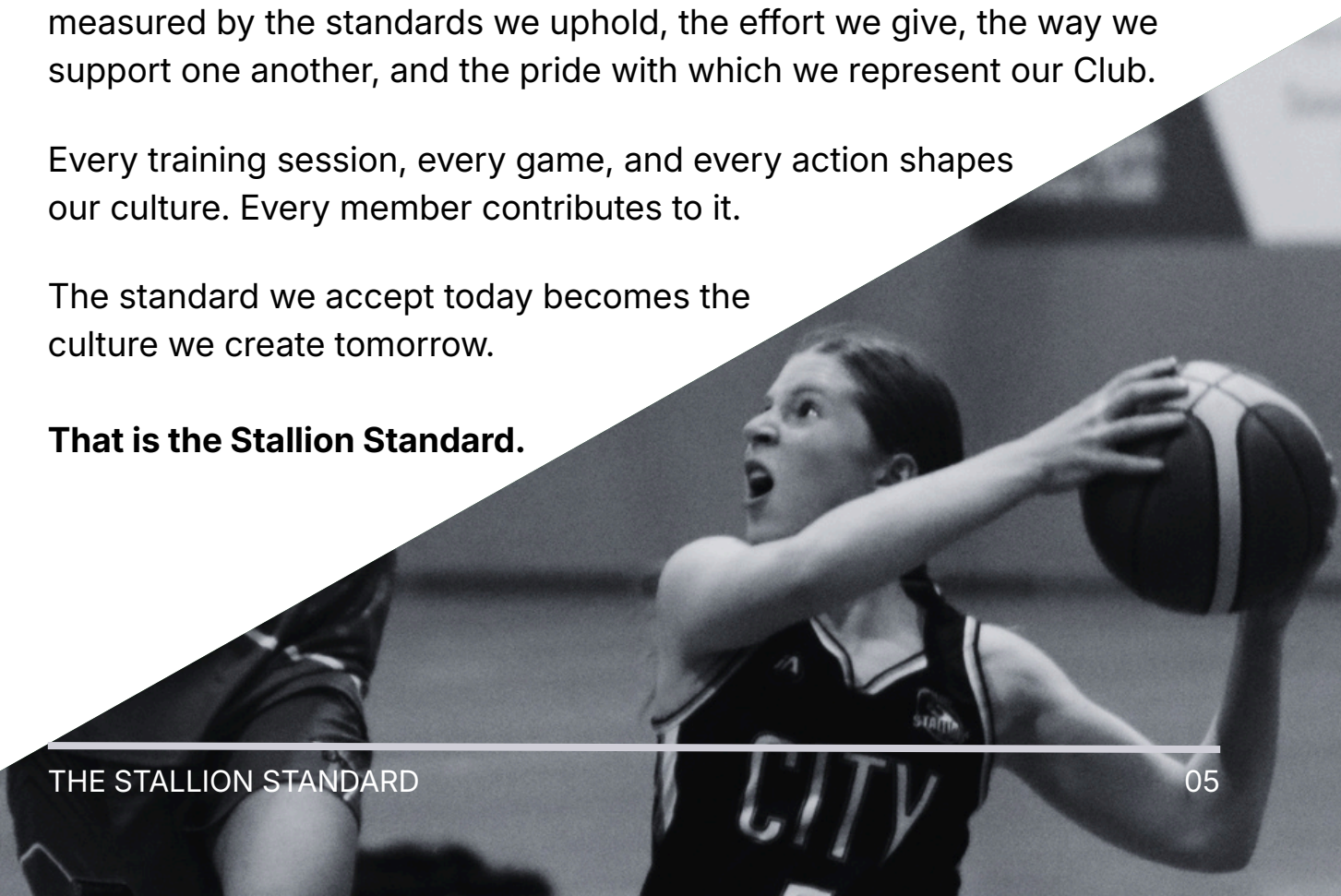
Being a Stallion is not determined by talent, ability, or experience. It is determined by character. It means choosing effort when things become difficult, putting the team before yourself, embracing challenges instead of avoiding them, showing respect when emotions run high, accepting responsibility, and continually striving to improve.

We do not define success solely by wins and losses. Success is measured by the standards we uphold, the effort we give, the way we support one another, and the pride with which we represent our Club.

Every training session, every game, and every action shapes our culture. Every member contributes to it.

The standard we accept today becomes the culture we create tomorrow.

That is the Stallion Standard.



03 OUR VALUES

The Stallion Standard is built upon four values that define our culture and guide everything we do.

These values are more than words. They shape our decisions, influence our behaviours, and establish the expectations we hold for ourselves and one another.

Every player, coach, volunteer, committee member, and supporter shares the responsibility of upholding these values whenever they represent Canberra City Stallions.

Ambition

A Stallion is driven to improve. We pursue excellence with purpose, set high standards, and continually challenge ourselves to become better than we were yesterday.

Success is not achieved by chance. It is earned through preparation, discipline, and a relentless commitment to improvement. We celebrate achievement, but we never become comfortable with it.

Self-Belief

A Stallion backs themselves and their teammates. We prepare thoroughly, trust our abilities, and approach every challenge with confidence.

Self-belief is not arrogance. It is the quiet confidence that comes from preparation, resilience, and the courage to keep moving forward regardless of the circumstances.

Tenacity

A Stallion never gives in. We compete with courage, determination, and resilience. Adversity is inevitable, but it never defines us.

Whether winning or losing, we continue to fight for every possession, every rebound, and every opportunity to improve.

We do not promise to beat every opponent. We promise that no opponent will ever have an easy game against Canberra City Stallions.

Loyalty

A Stallion stands with the team. We place the Club ahead of individual recognition and understand that our success is built on trust, commitment, and unity.

We support one another through success and adversity, celebrate each other's achievements, and accept responsibility for contributing positively to our Club.

Loyalty means representing Canberra City Stallions with pride, protecting its reputation, and leaving the Club stronger than we found it.



04 SCOPE

This Code of Conduct applies to every person associated with Canberra City Stallions Basketball Club, including:

- Players
- Coaches
- Team Managers
- Committee Members
- Volunteers
- Parents and Guardians
- Spectators
- Life Members
- Any other person acting on behalf of, or representing, the Club.

All members are expected to comply with this Code whenever participating in Club activities, representing Canberra City Stallions, or when their conduct has a sufficient connection to the Club or may impact the reputation of the Club.

This includes, but is not limited to, training sessions, games, tournaments, meetings, Club events, online platforms, and social media.

Every member contributes to the culture of the Club.

Accordingly, every member shares responsibility for upholding the Stallion Standard.

05 GENERAL STANDARDS

Every member of Canberra City Stallions plays an important role in shaping the culture of the Club. Whether you are a player, coach, parent, volunteer, committee member, or spectator, your actions influence the experience of those around you.

All members are expected to uphold the Stallion Standard by demonstrating the following behaviours whenever they represent Canberra City Stallions.

The behaviours outlined below represent the minimum standards expected of all members. Failure to meet these standards may constitute a breach of this Code and may be managed in accordance with the Club Constitution and Complaints & Discipline Policy.

Respect

Treat every person with dignity, courtesy, and respect.

Respect teammates, coaches, officials, opponents, volunteers, spectators, and members of the wider basketball community, regardless of age, ability, background, or role.

Respect the decisions of referees and officials. Disagreement may occur, but it must always be expressed appropriately and respectfully.

Integrity

Act honestly, fairly, and ethically in all dealings involving the Club. Take responsibility for your actions, acknowledge mistakes when they occur, and seek opportunities to learn and improve.

Never engage in behaviour that may damage the reputation of Canberra City Stallions or the game of basketball.



Sportsmanship

Compete with determination, humility, and respect.

Win with humility. Lose with dignity.

Recognise that the manner in which we compete is just as important as the result itself.

Responsibility

Every member is responsible for protecting and strengthening the culture of Canberra City Stallions. We take ownership of our actions, contribute positively to the Club environment, and understand that the choices we make affect those around us.

We promote a safe, welcoming, and inclusive atmosphere, support the safety and wellbeing of children and young people, comply with Club policies and directions, and encourage others to uphold the Stallion Standard.

We have a responsibility to report behaviour that may place people, the Club, or its reputation at risk.

06 PLAYER EXPECTATIONS

At Canberra City Stallions, our goal is not simply to develop skilled basketballers.

We strive to develop disciplined, accountable, and resilient individuals who positively influence those around them.

Every player has a responsibility to contribute to the success of their team, the culture of the Club, and the experience of every teammate.

Talent may create opportunities. Character determines how far those opportunities take you.

Every player is expected to uphold the following standards:

Commitment

- Attend training sessions and games punctually, prepared to contribute.
- Demonstrate a positive attitude and strong work ethic.
- Give maximum effort at every training session and every game. Effort is non-negotiable.
- Take responsibility for your attendance, preparation, and communication.
- Notify your coach as early as possible if unable to attend a training session or game.

Team First

- Place the success of the team ahead of individual recognition.
- Accept and embrace your role within the team, recognising that every role contributes to team success.
- Support teammates through both success and adversity.
- Understand that a great player is measured not only by individual performance, but by their ability to make those around them better.

Personal Development

- Embrace coaching, feedback, and constructive criticism.
- Take responsibility for your own improvement.
- Respond positively to setbacks, recognising that mistakes and challenges are opportunities to learn and improve.
- Continually strive to improve your skills, attitude, and understanding of the game.

Respect

- Treat teammates, coaches, officials, opponents, and volunteers with courtesy and respect.
- Accept referee decisions without abuse, intimidation, or unsporting behaviour.
- Use appropriate language.
- Encourage teammates rather than criticising them.
- Help create a positive and inclusive team environment.

Representation

- Wear the approved Club uniform correctly and with pride.
- Present yourself in a respectful and professional manner.
- Uphold the reputation of the Club both on and off the court.
- Remember that your behaviour reflects upon your teammates and the Club.

A Stallion is recognised not only by how they play, but by how they prepare, compete, and conduct themselves.

Winning is celebrated. Character is remembered.

07 COACH EXPECTATIONS

Coaches are leaders.

Every interaction, every decision, and every standard they set contributes to the culture of Canberra City Stallions.

At Canberra City Stallions, coaches develop more than basketballers. They develop disciplined, resilient, and confident people.

Coaching is therefore both a privilege and a responsibility.

Every coach is expected to lead by example and embody the Stallion Standard.

Every coach is expected to uphold the following standards:

Leadership

- Model the Club's values through words and actions.
- Demonstrate professionalism, integrity, and accountability.
- Lead by example through attitude, effort, and behaviour.
- Create a positive culture where every player feels valued, challenged, and supported.
- Inspire players through consistent actions rather than words alone.

Player-Centred Coaching

- Prioritise player development while pursuing success the right way.
- Treat every athlete as an individual with unique needs and goals.
- Provide opportunities for learning, improvement, and enjoyment.
- Encourage confidence, resilience, and self-belief.
- Recognise effort and improvement as highly as performance.

Professional Standards

- Arrive prepared and organised for every training session and game.
- Communicate clearly, respectfully, and constructively with players and parents.
- Maintain appropriate professional boundaries at all times.
- Continually develop coaching knowledge, leadership skills, and understanding of the game.
- Comply with all Child Safety requirements and Club policies.

Creating the Right Environment

- Provide a safe, inclusive, and welcoming environment where players can thrive.
- Treat every player fairly and consistently.
- Encourage teamwork, discipline, and accountability.
- Support officials and demonstrate respect for their decisions.
- Address inappropriate behaviour promptly and respectfully.

Accountability

- Uphold the Club values of Ambition, Self-Belief, Tenacity, and Loyalty.
- Contribute positively to the Club's culture and reputation.
- Take responsibility for the behaviour and standards of their team.
- Represent Canberra City Stallions with pride and professionalism.

Coaches shape more than teams. They shape character. They shape culture.

The standard they walk past is the standard they accept. The standard they live becomes the standard their players follow.

08 PARENT & GUARDIAN EXPECTATIONS

Parents and guardians play a vital role in every player's development. The Club values the support families provide and expects them to work in partnership with coaches, volunteers, and the Club to create a positive environment where every player can thrive.

Parents and guardians are expected to uphold the following standards:

Support Their Child

- Encourage effort, learning, and enjoyment above winning.
- Celebrate improvement, resilience, and teamwork as much as performance.
- Help their child develop independence, accountability, and respect.
- Support their child through both success and disappointment.
- Allow players to learn through both success and mistakes without unnecessary criticism or pressure.

Respect Others

- Treat players, coaches, officials, volunteers, and other families with courtesy and respect.
- Communicate respectfully, even when opinions differ.
- Accept referee decisions without abuse or intimidation.
- Refrain from coaching players from the sideline during games.
- Allow coaches to coach and players to play.

Support the Club

- Support Club initiatives and volunteers.
- Communicate concerns through the appropriate channels.
- Model the behaviours expected of their children.
- Represent Canberra City Stallions with pride and respect.

Children learn by example, and every interaction shapes the Club's culture.

09 SPECTATOR EXPECTATIONS

The atmosphere created by spectators has a significant impact on the experience of players, coaches, officials, and volunteers.

Canberra City Stallions encourages passionate support, positive encouragement, and respectful behaviour at every game.

Every spectator is expected to uphold the Stallion Standard by:

- Encouraging all participants in a positive and respectful manner.
- Respecting the decisions of referees and officials.
- Demonstrating good sportsmanship regardless of the result.
- Refraining from abusive, intimidating, or offensive language or behaviour.
- Avoiding confrontation with players, coaches, officials, or volunteers before, during, or after games.
- Contributing to a safe, welcoming, and inclusive environment for everyone attending Club activities.
- Applauding good play from both teams where appropriate.

We want Canberra City Stallions to be recognised not only for the way we compete, but for the environment we create around the game.



10 COMMITTEE & VOLUNTEERS

Committee members and volunteers play a vital role in the success of Canberra City Stallions. Through their decisions, service, and interactions with members, they help shape the Club's culture and reputation.

Every committee member and volunteer is expected to uphold the following standards:

Leadership

- Act in the best interests of the Club at all times.
- Uphold the Club Constitution, policies, and values.
- Exercise honesty, integrity, and impartiality in decision-making.
- Maintain appropriate confidentiality where required.
- Exercise sound judgement and good governance in decision-making.
- Avoid behaviour that may damage the reputation of the Club.

Service

- Treat every member fairly and respectfully.
- Support a welcoming and inclusive Club environment.
- Recognise that volunteers contribute their time for the benefit of the Club and deserve respect and appreciation.
- Communicate openly, professionally, and constructively.
- Work collaboratively in pursuit of the Club's objectives.

Accountability

- Be accountable for the responsibilities entrusted to them.
- Declare and appropriately manage any conflicts of interest.
- Make decisions that are transparent, fair, and consistent.
- Act as positive ambassadors for Canberra City Stallions.
- Set the example expected of every Stallion.

Leadership is earned through actions, and every committee member and volunteer shares responsibility for protecting the culture and future of Canberra City Stallions.

11 UNIFORM & REPRESENTATION

The Canberra City Stallions uniform is a symbol of the Club and the values it represents. Silver and Black are more than Club colours. They are a symbol of the standards we represent. Every time we wear these colours, we carry the values of Ambition, Self-Belief, Tenacity, and Loyalty with us.

Whenever members wear the Club uniform or apparel, they represent not only themselves, but every player, coach, volunteer, and family connected to the Club.

Members are expected to wear the approved Club uniform and apparel with pride and in accordance with competition rules and Club requirements.

Members are expected to:

- Present themselves in a neat and respectful manner.
- Wear the approved playing or coaching uniform where required.
- Care for Club-issued apparel and equipment.
- Recognise that wearing the Club uniform carries a responsibility to represent every member of Canberra City Stallions.

Respect for the uniform begins with respect for what it represents.



12 ONLINE CONDUCT & SOCIAL MEDIA

Social media provides an opportunity to celebrate achievements, strengthen our community, and promote Canberra City Stallions.

However, online behaviour carries the same responsibilities as behaviour in person. Members are expected to use social media responsibly, respectfully, and in a manner consistent with the Stallion Standard.

Members must not:

- Publish content that is abusive, discriminatory, defamatory, or offensive.
- Engage in online bullying, harassment, or intimidation.
- Engage in online public disputes or arguments that could reasonably damage relationships within the Club or the reputation of Canberra City Stallions.
- Disclose confidential Club information without appropriate authority.
- Publish photographs, videos, or personal information of players or other members without appropriate consent or in breach of their privacy.
- Post content that could reasonably damage the reputation of Canberra City Stallions or its members.
- Represent personal opinions as those of the Club unless authorised to do so.
- Use the Club's name, logo, uniforms, or imagery in a way that is inappropriate, misleading, or inconsistent with the values of Canberra City Stallions.

This section should be read in conjunction with the Club's Communications, Social Media & Digital Conduct Policy, which provides further guidance on members' responsibilities when communicating online.

13 BREACHES OF THIS CODE

Every member of Canberra City Stallions is expected to uphold this Code of Conduct and contribute positively to the culture and reputation of the Club.

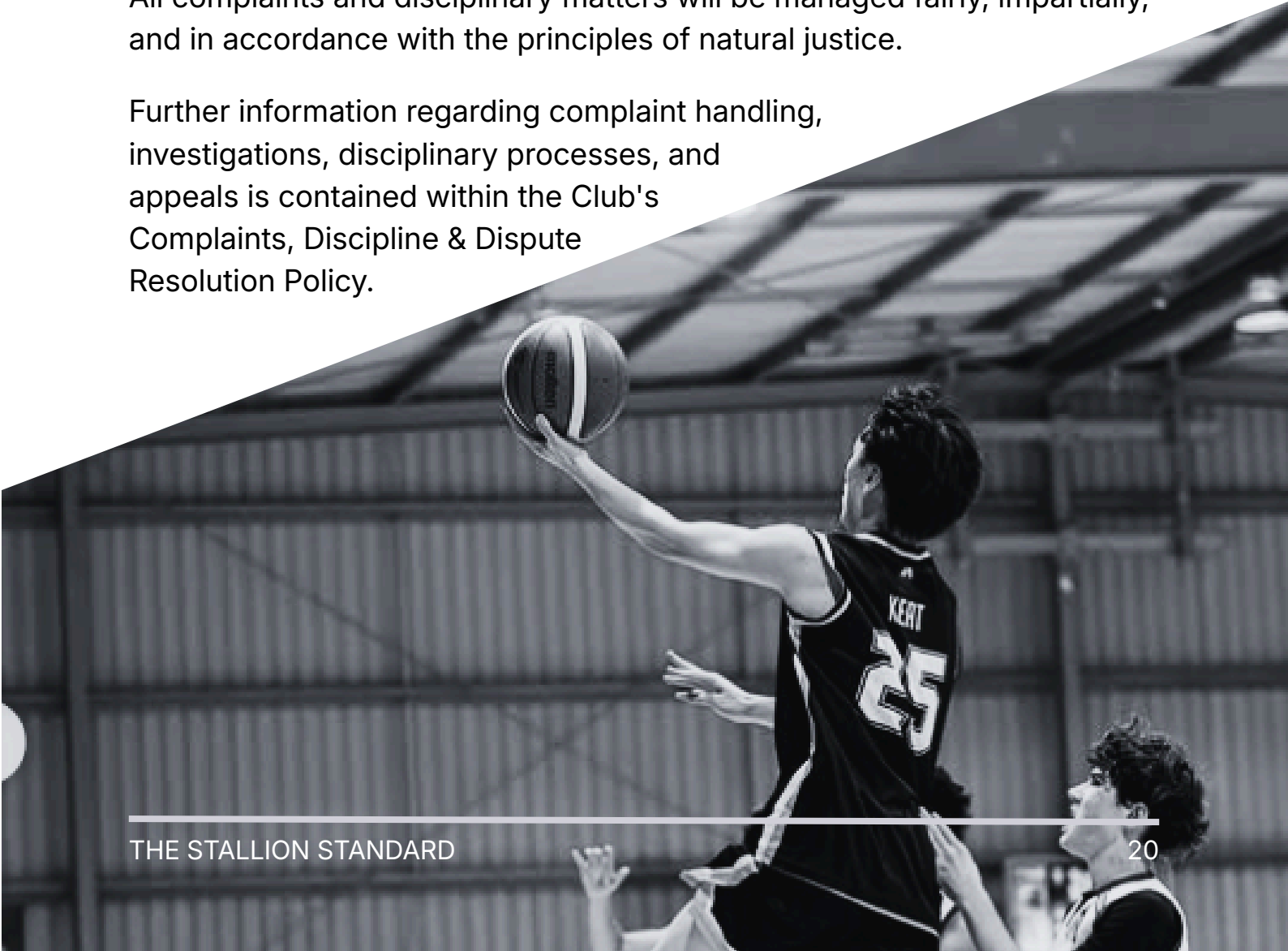
If a member fails to meet the standards outlined in this Code, the matter will be managed in accordance with the Club Constitution and the Complaints & Discipline Policy.

The Club may take action available under those documents, having regard to the nature and seriousness of the conduct.

Nothing in this Code limits the Club's ability to take immediate action where necessary to protect the safety, welfare, or integrity of the Club.

All complaints and disciplinary matters will be managed fairly, impartially, and in accordance with the principles of natural justice.

Further information regarding complaint handling, investigations, disciplinary processes, and appeals is contained within the Club's Complaints, Discipline & Dispute Resolution Policy.



14 RELATED DOCUMENTS

This Code of Conduct should be read in conjunction with the following Club governing documents and policies:

- Constitution
- Child Safety Policy
- Complaints, Discipline & Dispute Resolution Policy
- Committee Nomination & Endorsement Policy
- Club Refund Policy
- Communications, Social Media & Digital Conduct Policy

Where any inconsistency exists between this Code of Conduct and the Constitution, the Constitution prevails.

15 REVIEW

This Code of Conduct will be reviewed by the Committee every two years, or earlier where required due to legislative changes, governance requirements, or a decision of the Committee.

Members are encouraged to provide feedback or suggestions for improvement to the Committee at any time.

THE STALLION PROMISE

Being a Stallion is a privilege.
It is a commitment to something greater than yourself.

Every time we wear the Silver and Black, we represent
our teammates, our families, our Club, and those who
came before us.

We choose ambition.
We choose self-belief.
We choose tenacity.
We choose loyalty.

We compete with courage.
We lead with humility.
We treat every person with respect.

Long after the final buzzer sounds, people may forget
the score.

They will remember our character.

This is our commitment.
This is our legacy.
This is the Stallion Standard.



For more information visit
www.canberracitystallions.com
